

AMENDMENTS TO THE CLAIMS

This listing of claims will replace all prior versions and listings of claims in the application:

LISTING OF CLAIMS:

Claim 1 (currently amended): A shoe of the type having a substantially flexible upper and a substantially firm sole, the shoe including:

 a toe section, including a forward sole portion and a forward upper portion-~~(vamp)~~ for receiving a forward portion of a foot including at least toes thereof;

 a heel section, including a rear sole portion and a rear upper portion-~~(counter)~~ for receiving a rearward portion of a foot including at least a heel thereof, said heel section being at least partially detachable from said toe section such that said heel section can be rotated relative to said toe section to allow a forward portion of the foot to be inserted into said toe section;

detachable fastening means for releasably attaching said heel section to said toe section;

and

 an insole, of substantially unitary construction, which is retained in said toe section and which is adapted to overlay both the forward and rear sole portions of said shoe; and

~~detachable fastening means for releasably attaching said heel section to said toe section;~~

~~such that, in use, said shoe may be installed on the foot of a wearer by: detaching the fastening means;~~

~~twisting or removing said heel section relative to the toe section in a manner such that the rear sole portion is moved out of alignment relative to said forward sole portion of said shoe, whilst said insole is retained within said toe section of said shoe;~~

~~slipping the toes of the wearer directly into said toe section from a rearward position to~~
~~place the wearer's foot atop said insole;~~
~~returning said heel section of said shoe into alignment with said toe section, about the~~
~~heel of the wearer; and~~
~~fastening the fastening means.~~

Claim 2 (canceled).

Claim 3 (currently amended): A shoe as claimed in claim 1, wherein said heel section is adapted to be partly detached from said toe section, ~~such that it can be~~ by being rotated transversely relative to a plane extending substantially vertically through a longitudinal direction of said shoe.

Claim 4 (currently amended): A shoe as claimed in claim 1, wherein said heel section is adapted to be partly detached from said toe section, ~~such that can be~~ by being rotated transversely relative to a plane extending substantially horizontally through a longitudinal direction of said shoe.

Claim 5 (currently amended): A shoe as claimed claim 1, wherein said heel section is ~~at least partly detached from said toe section by means of any one or combination of a~~ detachable fastening devices including at least one of, but not limited to, a zipper zippers, hook and loop ~~fastening means (known as Velcro™) fastener~~, tabs, ~~or overlays~~, press studs, buckles and laces.

Claim 6 (canceled).

Claim 7 (canceled).

Claim 8 (currently amended): A shoe as claimed in any claim 1, wherein said shoe ~~include any one or combinations of~~ further comprises at least one of an arch support, insole support, and ankle support.

Claim 9 (currently amended): A method of placing a shoe on the foot of a wearer, the shoe including:

a toe section, including a forward sole portion and a forward upper portion-~~vamp~~ for receiving a forward portion of a foot including at least toes thereof;

a heel section, including a rear sole portion and a rear upper portion-~~counter~~ for receiving a rearward portion of the foot including at least a heel thereof, said heel section being at least partially detachable from said toe section such that said heel section can be rotated relative to said toe section;

detachable fastening means for releasably attaching said heel section to said toe section;
and

an insole, of substantially unitary construction, attached to said toe section and which is adapted to overlay both the forward and rear sole portions of said shoe; and

~~detachable fastening means for releasably attaching said heel section to said toe section;~~
said method including the steps of:

detaching the fastening means;

~~twisting or removing~~ rotating said heel section relative to the toe section in a manner such that the rear sole portion is moved out of alignment relative to said forward sole portion of said shoe, whilst said insole is retained within said toe section of said shoe;

slipping the toes of the wearer directly into said toe section from a rearward position to place the wearer's foot atop said insole;

returning said heel section of said shoe into alignment with said toe section and about the heel of the wearer; and,

fastening the fastening means.

Claim 10 (currently amended): A method as claimed in claim 9, wherein, in said twisting step, the heel section is ~~twisted~~ rotated either or both at least one of sideways or and downwards relative to the toe section.

Claim 11 (currently amended): A method of taking a shoe off the foot of a wearer, the shoe including:

a toe section, including a forward sole portion and a forward upper portion ~~(vamp)~~ for receiving a forward portion of a foot including at least toes thereof;

a heel section, including a rear sole portion and a rear upper portion ~~(counter)~~ for receiving a rearward portion of the foot including at least a heel thereof, said heel section being at least partially detachable from said toe section such that said heel section can be rotated relative to said toe section;

detachable fastening means for releasably attaching said heel section to said toe section;

and

an insole, of unitary construction, attached to said toe section and which is adapted to
overlay both the forward and rear sole portions of said shoe; ~~and~~

~~detachable fastening means for releasably attaching said heel section to said toe section;~~

said method including the steps of:

detaching the fastening means;

~~twisting or removing~~ rotating said heel section relative to the toe section in a manner such
that the rear sole portion is moved out of alignment relative to said forward sole portion of said
shoe, whilst said insole is retained within said toe section of said shoe; and,

slipping the toes of a wearer directly out of said toe section in a rearward direction to
remove the wearer's foot from atop said insole.

Claim 12 (new): The shoe of claim 1, wherein toe section and said heel section are
formed of a substantially unitary constructions.

Claim 13 (new): The method of claim 9, wherein toe section and said heel section
are formed of a substantially unitary constructions.